

# Warren Todd Trippel

In spite of living with a bipolar mental diagnosis, Todd has overcome many obstacles and challenges in life to provide an excellent example for those suffering from mental illness.

Having completed a peer support course through Coast Mental Health, he has provided volunteer support work at Coast's Highlands Community Home for eight years and is a lead peer support worker at Coast's Recovery and Rehabilitation Program and Forensic Cottages. Todd facilitates group sessions and promotes Coast's services.

Todd brings a unique perspective as both a consumer and a dedicated team member at Coast, combining his professional experience with exceptional communication and problem-solving skills to strengthen the Board's work.