*MARCH 2023 COAST CLUBHOUSE ACTIVITIES for Members

In addition to the daily activities listed below, Clubhouse offers opportunity to build and strengthen new skills. We're open @ 8:00 to 3:45 except Wednesdays at 5:45

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
COAST CLUBHOUSE 295 East 11th Ave, Vancouver Ph: 604.675.2357 Interested in becoming a member! Call us today! 604.675.2357	Front Desk: 604.675.2357 Food Services: 604.675.2360 Communication: 604.675.2355 Environment: 604.675.2361 Manager: 604.675.2350 TEP: 604.675.2340	9:15 Ted Talks 10:00 Unit Meeting 10:30 Peter & Friends 10:30 Clubh Info Session 2:45 Sing along with Janelle 5:45 CLOSE	9:15 Healthy Living 10:00 Unit Meeting 11:00 Mandala 2:00 Brain Training	9:15 News & Views 10:00 Unit Meeting 11:00 April Planning Meeting 1:30 Games
9:15 Walking group 10:00 Unit Meeting 11:00 Music Bingo 2:00 Bosnian coffee hour plus music	7 9:15 Chat & Chew 10:00 Community Meeting 11:00 Trivia Tuesday 1:30 Brain Training	8 International Womyn's Day! 9:15 Ted Talks 10:00 Unit Meeting 10:30 Clubh Info Session 11:00 Chair Exercise 2:45 Sing Along with Janelle 5:45 CLOSE	9 9:15 Healthy Living 10:00 Unit Meeting 11:00 Mandala 2:00 Brain Training	10 9:15 News & Views 10:00 Unit Meeting 1:30 Games
9:15 Walking group 10:00 Unit Meeting 11:00 Music Bingo 2:00 Bosnian coffee hour plus music	14 9:15 Chat & Chew 10:00 Unit Meeting 11:00 Trivia Tuesday 1:30 Brain Training	9:15 Ted Talks 10:00 Unit Meeting 10:30 Clubh Info Session 10:30 Peter & Friends 2:45 Sing along with Janelle 5:45 CLOSE	9:15 Healthy Living 10:00 Unit Meeting 11:00 Mandala 2:00 Brain Training	9:15 News & Views 10:00 Unit Meeting 11:00 Mandala/Irish music 11:30 Prep for BBQ(Set tent/tables) 2:45 CLOSE
9:15 Walking group 10:00 Unit Meeting 11:00 Music Bingo 2:00 Bosnian coffee hour plus music	9:15 Chat & Chew 10:00 Unit Meeting 11:00 Trivia Tuesday 1:30 Brain Training Spring Begins	9:15 Ted Talks 10:00 Unit Meeting 10:30 Clubh Info Session 11:00 Chair Exercise 2:45 Sing along with Janelle 5:45 CLOSE	9:15 Healthy Living 11:00 Mandala 10:00 Unit Meeting 2:00 Brain Training	9:15 News & Views 10:00 Unit Meeting 1:30 Games
9:15 Walking group (10:00 Unit Meeting 11:00 Music Bingo 2:00 Bosnian coffee hour plus music	9:15 Chat & Chew 10:00 Unit Meeting 11:00 Trivia Tuesday 1:15 CLOSE	9:15 Ted Talks 10:00 Unit Meeting 10:30 Clubh Info Session 11:00 Chair Exercise 2:45 Sing along with Janelle 5:45 CLOSE	30 9:15 Healthy Living 10:00 Unit Meeting 11:00 Mandala 2:00 Brain Training	9:15 News & Views 10:00 Unit Meeting 1:30 Games