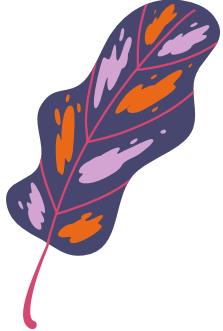


SUN	MON	TUE	WED	THU	FRI	SAT
 The RC is closed on Sundays and Mondays  		2 10 am - 12 noon Art w/ Marcia & Robin 1:30 - 2:30 pm Bingo	3 10 am - 12 noon Digital Literacy 1 - 2 pm Brain Training	4 10:30 - 11:30 am Healthy Lifestyles Group 11:30 am - 3:30 pm Pottery	5 9:45 - 11:15 am Acupuncture 10 - 11 am Walking Group 10 am - 12 noon Art Group 1 - 4 pm Karaoke	6 10 am- 12:30 pm Movie Day 12 - 2 pm Gardening Group 1 - 3 pm Soundbath Meditation
		9 10 am - 12 noon Art w/ Marcia & Robin 1:30 - 2:30 pm Bingo	10 10 am - 12 noon Digital Literacy 1 - 2 pm Brain Training Staff Meeting RC Closes at 2:30 pm	11 10:30 - 11:30 am Healthy Lifestyles Group 11:30 am - 3:30 pm Pottery	12 9:45 - 11:15 am Acupuncture 10 - 11 am Walking Group 10 am - 12 noon Art Group 1 - 4 pm Karaoke	13 10 am - 12:30 pm Movie Day 12 - 2 pm Gardening Group 1 - 3 pm Soundbath Meditation
		16 10 am - 12 noon Art w/ Marcia & Robin 1:30 - 2:30 pm Bingo	17 10 am - 12 noon Digital Literacy 1 - 2 pm Brain Training	18 10:30 - 11:30 am Healthy Lifestyles Group 11:30 am- 3:30 pm Pottery	19 9:45 - 11:15 am Acupuncture 10 - 11 am Walking Group 10 am - 12 noon Art Group 1 - 4 pm Karaoke	20 10 am - 12:30 pm Movie Day 12 - 2 pm Gardening Group 1 - 3 pm Soundbath Meditation Women's Night 4:30 - 6:30 pm
		23 10 am - 12 noon Art w/ Marcia & Robin 1:30 - 2:30 pm Bingo	24 10 am - 12 noon Digital Literacy 1 - 2 pm Brain Training Members Meeting at 3 pm	25 10:30 - 11:30 am Healthy Lifestyles Group 11:30 - 3:30 pm Pottery	26 9:45 - 11:15 am Acupuncture 10 - 11 am Walking Group 10 am - 12 noon Art Group 1 - 4 pm Karaoke	27 10 am - 12:30 pm Movie Day 12 - 2 pm Gardening Group 1 - 3 pm Soundbath Meditation Art Workshop 11:30am - 3:30pm
		30 10 am - 12 noon Art w/ Marcia & Robin 1:30 - 2:30 pm Bingo	