

Rivers Reach

ʔi cən tecəl ʔə tə staləw

Permanent Housing

We are thrilled to announce the opening of a new permanent housing facility. This building will offer 52 new studio apartments for individuals in Maple Ridge who require support to sustain their housing, including on site clinical healthcare services from Fraser Health.

Recently named Rivers Reach, ʔi cən tecəl ʔə tə staləw, which means I arrive at the river in Halkomelem.

These homes and supports are made possible through a collaboration between Coast Mental Health, BC Housing, and Fraser Health Authority.

A range of mental health services have been established to support people with complex-care issues using a trauma-informed approach.

This facility provides 24/7 person-centred care to residents. Daily supports include:

- Nutritious daily meal and breakfast
- Life skills training
- Medication administration and management
- Onsite clinical supports by Fraser Health
- Referrals to community services



Community Advisory Committee

A Community Advisory Committee (CAC) will support this facility. The CAC is a group of dedicated community stakeholders volunteering with Coast Mental Health and its partners to share information, address neighbourhood concerns, and collaborate with the community for positive outcomes.

About Coast Mental Health

Coast Mental Health is a non-profit organization and registered charity with over 50 years of expertise in community-based mental health supports. Members regularly access our daily programming to assist with their wellness. With 53 facilities (1061 homes + supports) across Greater Vancouver and the Lower Mainland, we continue to grow because of our specialized expertise in community-based mental health supports and services. Learn more at www.coastmentalhealth.com

Recovery-Oriented Care

Guided by the psychosocial rehabilitation and recovery model, Coast Mental Health's on-site community health workers collaborate with tenants and community healthcare teams to establish personalized recovery care plans. These plans outline individual recovery goals for tenants, such as medication management, life skills, employment and substance use-treatment plans.

A list of specific programs available at this location include:

- Employment skills building
- Brain Training
- Cooking groups and grocery shopping trips
- Financial literacy
- Arts and crafts, including art therapy
- Substance use support and relapse prevention
- Monthly tenant meetings
- Healthy lifestyles and community outings
- A gardening group
- Supported volunteerism

Rivers Reach is a smoke-free facility with a designated smoking area. A secured, camera-monitored tent is available onsite for residents using other substances.

Our Team

- 2 Professional Nurses
- Onsite Psychiatrist (currently one-day-a-week)
- 11 Mental Health Workers (rotation of casual/full-time)
- Peer Support Worker
- Clinical Counselor
- Senior Manager and Program Manager
- 2 Program Coordinators
- 2 Cooks
- Property Maintenance Worker



Clean Team - Employment Program

Program Approach

This program is client-centered, strengths-based, and inclusive. It is guided by the philosophy of care that includes the following:

- **Trauma-informed care** creates an environment whereby clients feel safe, accepted and supported, without judgement, stigma, shame and discrimination.
- **Harm reduction**, rooted in social justice and human rights, promotes positive change without judgment, coercion, discrimination, or requiring abstinence first as a condition of support.
- **Cultural safety** ensures respect and safety for all clients regardless of age, gender, sexual orientation, ethnicity, socio-economic status, beliefs, or disability.