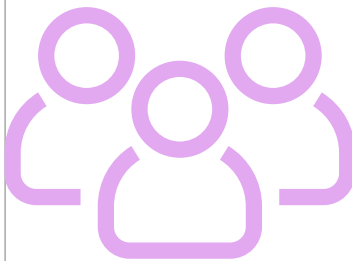
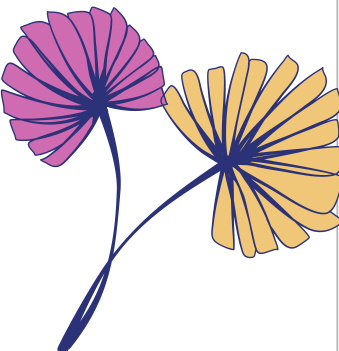
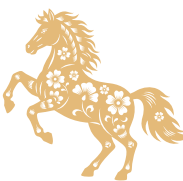


SUN	MON	TUE	WED	THU	FRI	SAT
 The RC is closed on Sundays and Mondays  		3 <u>Art Drop In</u> 10 pm - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	4 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm <u>*Outing*</u> 11 - 1 pm	5 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm	6 <u>Walking Group</u> 10 - 11 am <u>Art group</u> 10 - 12 pm <u>Karaoke</u> 1 - 4 pm	7 <u>Knowledge Keeper Lesley George</u> 9-11am <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 -4 pm
		10 <u>Art Drop In</u> 10 pm - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	11 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm <u>Staff meeting</u> Closing at 2:30pm	12 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm <u>Body Doubling Buddies</u> 1 - 3 pm	13 <u>Walking Group</u> 10 - 11 am <u>Art group</u> 11:30 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	14 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 -4 pm 
		17 <u>Art Drop In</u> 10 pm - 12 pm <u>Bingo</u> 1:30 - 2:30 pm 	18 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm <u>*Outing*</u> 11 - 1 pm	19 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm <u>Body Doubling Buddies</u> 1 - 3 pm	20 <u>Walking Group</u> 10 - 11 am <u>Art group</u> 11:30 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	21 <u>Knowledge Keeper Lesley George</u> 9-11am <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 -4 pm <u>Women's Drop In Group</u> 4:30 - 6:30 pm
		24 <u>Art Drop In</u> 10 pm - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	25 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm <u>Members meeting</u> 3 pm	26 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm <u>Body Doubling Buddies</u> 1 - 3 pm	27 <u>Walking Group</u> 10 -11 am <u>Art group</u> 11:30 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	28 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 - 4 pm <u>Art Workshop</u> 11:30am - 3:30pm