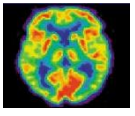



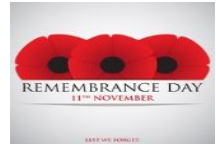

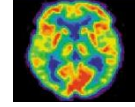


# \* November 2022 COAST CLUBHOUSE ACTIVITIES for Members\*

In addition to the daily activities listed below, the Clubhouse offers opportunity to build and strengthen new skills. Clubhouse opens M,T,Wed,Th,Fri **8:00 to 3:45**, except **Wed: 5:45**

\*Activities dates and times maybe subject to change\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>COAST CLUBHOUSE</b> 295 East 11th Ave, Vancouver Ph: 604.675.2357</p> <p><b>Interested in becoming a member?</b> <b>Call us today! 604.675.2357</b></p>	<p>1. 9:15 Chat &amp; Chew 9:15 Career Literacy 101 10:00 Unit Meeting 1:30 Brain Training 2:45 Bosnian coffee</p> 	<p>2. 9:15 Ted Talks 9:15 Career Literacy 101 10:00 Unit Meeting 10:30 Peter &amp; Friends 10:30 Clubhouse Info Session 1:00 Art with Karen 3:00 Creative Circle with Doug 3:45 Jam Session w Janelle</p>  	<p>3 9:15 Healthy Living 9:15 Career Literacy 101 10:00 Unit Meeting 10:45 Mandala 12:45 Swimming 2:00 Brain Training</p> 	<p>4. 9:15 News &amp; Views 10:00 Unit Meeting 10:00 OUTING: Bowling 11:00 Planning meeting 2:30 Games</p>  
<p>7. 9:15 Walking group 10:00 Unit Meeting 10:30 Music with Min 11:00 Music Bingo</p> 	<p>8. 9:15 Chat &amp; Chew 9:15 Career Literacy 101 10:00 Community meeting 1:30 Brain Training 2:45 Bosnian coffee</p> 	<p>9. 9:15 Ted Talks 9:15 Career Literacy 101 10:00 Unit Meeting 10:30 Clubhouse Info Session 1:00 Art with Karen 3:00 Creative Circle with Doug 3:45 Jam Session w Janelle</p> 	<p>10. 9:15 Healthy Living 9:15 Career Literacy 101 10:00 Unit Meeting 10:45 Mandala 12:45 Swimming 2:00 Brain Training</p> 	<p>11.</p>  
<p>14. 9:15 Walking group 10:00 Unit Meeting 10:30 Music with Min 11:00 Music Bingo</p> 	<p>15. 9:15 Chat &amp; Chew 9:15 Career Literacy 101 10:00 Unit Meeting 1:30 Brain Training 2:45 Bosnian coffee</p> 	<p>16. 9:15 Ted Talks 9:15 Career Literacy 101 9:30 VCC Visit 10:00 Unit Meeting 10:30 Peter &amp; Friends 10:30 Clubhouse Info Session 1:00 Art with Karen 3:00 Creative Circle with Doug 3:45 Jam Session w Janelle</p> 	<p>17. 9:15 Healthy Living 9:15 Career Literacy 101 10:00 Unit Meeting 10:45 Mandala 12:45 Swimming 2:00 Brain Training</p> 	<p>18. 9:15 News &amp; Views 10:00 Unit meeting 10:00 OUTING: Bloedel Conservatory 2:30 Games</p>  
<p>21. 9:15 Walking group 9:30 Workshop: Job Op 10:00 Unit Meeting 11:00 Music Bingo</p> 	<p>22. 9:15 Chat &amp; Chew 9:15 Career Literacy 101 9:30 Breakfast dub 9:30 Workshop: Job Op 10:00 Unit Meeting 1:30 Brain Training 2:45 Bosnian coffee</p> 	<p>23. <b>CHEQUE ISSUE DAY</b> 9:15 Ted Talks 9:15 Career Literacy 101 9:30 Workshop: Job Op 10:00 Unit Meeting 10:30 Clubhouse Info Session 1:00 Art with Karen 3:00 Creative Circle with Doug 3:45 Jam Session w Janelle</p> 	<p>24. 9:15 Healthy Living 9:15 Career Literacy 9:30 Workshop: Job Op 10:00 Unit Meeting 10:45 Mandala 12:45 Swimming 2:00 Brain Training</p> 	<p>25. 9:15 News &amp; Views 10:00 Unit Meeting 2:30 Games</p>  
<p>28. 9:15 Walking group 10:00 Unit Meeting 11:00 Music Bingo</p> 	<p>29. 9:15 Chat &amp; Chew 9:15 Career Literacy 101 10:00 Unit Meeting 1:30 Brain Training 2:45 Bosnian coffee</p> 	<p>30. 9:15 Ted Talks 9:15 Career Literacy 101 10:00 Unit Meeting 10:30 Clubhouse Info Session 1:00 Art with Karen 3:00 Creative Circle with Doug 3:45 Drum circle w Janelle</p> 	<p>Communication: 604.675.2355 Environmental: 604.675.2361 Front Desk: 604.675.2357 Food Services: 604.675.2360 Manager: 604.675.2350 TEP: 604.675.2340</p>	<p><b>COAST CLUBHOUSE</b> 295 East 11th Ave, Vancouver Ph: 604.675.2357</p> <p><b>Interested in becoming a member?</b> <b>Call us today! 604.675.2357</b></p>