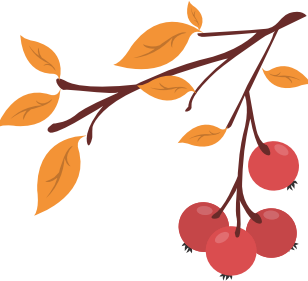
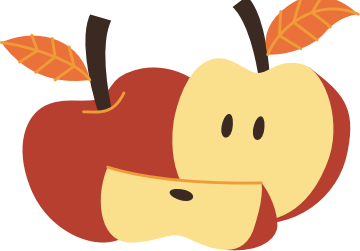


SUN	MON	TUE	WED	THU	FRI	SAT
 The RC is closed on Sundays and Mondays  						03 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 - 4 pm
		4 <u>Art w/ Marcia & Robin</u> 10 pm - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	5 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm *Outing* 11 -1pm*	6 <u>Healthy Lifestyle</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm	7 <u>Acupuncture</u> 9:45 - 11:15 am <u>Walking Group</u> 10 - 11 am <u>Art group</u> 11 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	10 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 -4 pm
		11 <u>Art w/ Marcia & Robin</u> 10 pm - 12 pm <u>Bingo</u> 1:30 - 2:30 pm 	12 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm Staff meeting Closing at 2:30pm	13 <u>Healthy Lifestyle</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm	14 <u>Acupuncture</u> 9:45 - 11:15 am <u>Walking Group</u> 10 - 11 am <u>Art group</u> 11 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	15 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 -4 pm <u>Women's Drop In Group</u> 4:30 - 6:30 pm
		18 <u>Art w/ Marcia & Robin</u> 10 pm - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	19 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm *Outing* 11 -1 pm Staff training Closing at 1:30pm	20 <u>Healthy Lifestyle</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm	21 <u>Acupuncture</u> 9:45 - 11:15 am <u>Walking Group</u> 10 - 11 am <u>Art group</u> 11 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	24 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 - 4 pm
		25 <u>Art w/ Marcia & Robin</u> 10 pm - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	26 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm <u>Members meeting</u> 3 pm	27 <u>Healthy Lifestyle</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm	28 <u>Acupuncture</u> 9:45 - 11:15 am <u>Walking Group</u> 10 - 11 am <u>Art group</u> 11 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	29 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 -4 pm <u>Art Workshop</u> 11:30am - 3:30pm