




SUN	MON	TUE	WED	THU	FRI	SAT
 <p><b>The RC is closed on Sundays and Mondays</b></p> <p><b>Please Note: All Groups Are Drop In</b></p> 					1	2
					<p><u>Walking Group</u> 10 - 11 am</p> <p><u>Art group</u> 10 - 12 pm</p> <p><u>Karaoke</u> 1 - 4 pm</p>	<p><u>Knowledge Keeper Lesley George</u> 9 - 11 am</p> <p><u>Movie day</u> 10 - 12:30 pm</p> <p><u>Soundbath Meditation</u> 1 - 3 pm</p> <p><u>Games Group</u> 2 -4 pm</p>
		5	6	7	8	9
		<p><u>Art with Mike</u> 10 - 12 pm</p> <p><u>Bingo</u> 1:30 - 2:30 pm</p>	<p><u>Digital Literacy</u> 10 - 12 pm</p> <p><u>Brain Training</u> 1 - 2 pm</p> <p><u>Meet Up Group</u> 1 - 2:30</p>	<p><u>Healthy Lifestyles</u> 10:30 - 11:30 am</p> <p><u>Pottery</u> 11:30 - 3:30 pm</p> <p><u>Body Doubling Buddies</u> 1 - 3 pm</p>	<p><u>Walking Group</u> 10 - 11 am</p> <p><u>Art group</u> 11:30 - 1:30 pm</p> <p><u>Karaoke</u> 1 - 4 pm</p>	<p><u>Movie day</u> 10 - 12:30 pm</p> <p><u>Soundbath Meditation</u> 1 - 3 pm</p> <p><u>Games Group</u> 2 -4 pm</p>
		12	13	14	15	16
<p><u>Art with Mike</u> 10 - 12 pm</p> <p><u>Bingo</u> 1:30 - 2:30 pm</p>	<p><u>Digital Literacy</u> 10 - 12 pm</p> <p><u>Brain Training</u> 1 - 2 pm</p> <p><b><u>Staff meeting</u></b> <b>Closing at 2:30pm</b> <b>*No Snack*</b></p>	<p><u>Healthy Lifestyles</u> 10:30 - 11:30 am</p> <p><u>Pottery</u> 11:30 - 3:30 pm</p> <p><u>Body Doubling Buddies</u> 1 - 3 pm</p>	<p><u>Walking Group</u> 10 - 11 am</p> <p><u>Art group</u> 11:30 - 1:30 pm</p> <p><u>Karaoke</u> 1 - 4 pm</p>	<p><u>Knowledge Keeper Lesley George</u> 9 - 11 am</p> <p><u>Movie day</u> 10 - 12:30 pm</p> <p><u>Soundbath Meditation</u> 1 - 3 pm</p> <p><u>Games Group</u> 2 -4 pm</p>		
19	20	21	22	23		
<p><u>Art with Mike</u> 10 - 12 pm</p> <p><u>Bingo</u> 1:30 - 2:30 pm</p>	<p><u>Digital Literacy</u> 10 - 12 pm</p> <p><u>Brain Training</u> 1 - 2 pm</p> <p><u>Meet Up Group</u> 1 - 2:30</p> <p><b><u>Members meeting</u></b> <b>3 pm</b></p>	<p><u>Healthy Lifestyles</u> 10:30 - 11:30 am</p> <p><u>Pottery</u> 11:30 - 3:30 pm</p> <p><u>Body Doubling Buddies</u> 1 - 3 pm</p>	<p><u>Walking Group</u> 10 -11 am</p> <p><u>Art group</u> 11:30 - 1:30 pm</p> <p><u>Karaoke</u> 1 - 4 pm</p>	<p><u>Movie day</u> 10 - 12:30 pm</p> <p><u>Soundbath Meditation</u> 1 - 3 pm</p> <p><u>Games Group</u> 2 -4 pm</p> <p><b><u>Women's Drop In Group</u></b> <b>4:30 - 6:30 pm</b></p>		
26	27	28	29	30		
<p><u>Art with Mike</u> 10 - 12 pm</p> <p><u>Bingo</u> 1:30 - 2:30 pm</p>	<p><u>Digital Literacy</u> 10 - 12 pm</p> <p><b><u>*Outing*</u></b> <b>11 - 1 pm</b></p> <p><b><u>Staff Training</u></b> <b>Closing at 12:30pm</b> <b>Lunch To Go</b></p>	<p><u>Healthy Lifestyles</u> 10:30 - 11:30 am</p> <p><u>Pottery</u> 11:30 - 3:30 pm</p> <p><u>Body Doubling Buddies</u> 1 - 3 pm</p>	<p><u>Walking Group</u> 10 - 11 am</p> <p><u>Art group</u> 10 - 12 pm</p> <p><u>Karaoke</u> 1 - 4 pm</p>	<p><u>Knowledge Keeper Lesley George</u> 9 - 11 am</p> <p><u>Movie day</u> 10 - 12:30 pm</p> <p><u>Soundbath Meditation</u> 1 - 3 pm</p> <p><u>Games Group</u> 2 -4 pm</p> <p><b><u>Art Workshop</u></b> <b>11:30am - 3:30pm</b></p>		