

SUN	MON	TUE	WED	THU	FRI	SAT
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The RC is closed on Sundays and Mondays

Please Note: All Groups Are Drop In



		2 <u>Art With Mike</u> 10 - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	3 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm	4 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm <u>Body Doubling Buddies</u> 1 - 3 pm	5 <u>Art group</u> 10 - 12 pm <u>Karaoke</u> 1 - 4 pm	6 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 -4 pm	
		9 <u>Art With Mike</u> 10 - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	10 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm *Outing* 11 - 1 pm	11 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm <u>Body Doubling Buddies</u> 1 - 3 pm	12 <u>Art group</u> 11:30 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	13 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 -4 pm	
		16 <u>Art With Mike</u> 10 - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	17 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm No Snack Staff meeting, Closing at 2:30pm	18 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm <u>Body Doubling Buddies</u> 1 - 3 pm FIFA Match 3 pm	19 <u>Art group</u> 11:30 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	20 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 -4 pm Women's Drop In Group 4:30 - 6:30 pm	
		23 <u>Art With Mike</u> 10 - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	24 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm *Outing* 11 - 1 pm Members meeting 3 pm	25 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm <u>Body Doubling Buddies</u> 1 - 3 pm	26 <u>Art group</u> 11:30 - 1:30 pm <u>Karaoke</u> 1 - 4 pm	27 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 - 4 pm Art Workshop 11:30am - 3:30pm	
		30 <u>Art With Mike</u> 10 - 12 pm <u>Bingo</u> 1:30 - 2:30 pm					