



JUNE 2026

Calendar

YOUNG ADULT Program

Young Adult Program @ Clubhouse
 295 East 11th Ave.
 email address: youngadults@coastmentalhealth.com
 YA Program Direct : 236-982-7921
 Clubhouse Reception : 604-675-2357

CALL FOR TOUR & INTAKE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 AM- 5:15 PM	9:30 AM- 5:15 PM	9:30 AM- 5:15 PM	9:30 AM- 5:15 PM	9:30 AM- 5:15 PM	9:30 AM- 5:15 PM	9:30 AM- 5:15 PM
1	2	3	4	5	6	7
10:00 AM - Advocacy & Access & Body Energy Smoothie Dupe	10:00 AM - Coffee Outing	10:00 AM - Food Sustainability	10:00 AM - Hoops, Balls, Rackets at the Park	10:00 AM - Tea Party at the park (Bring a book!)	10:00 AM - Breakfast	10:00 AM - Breakfast
1:00 PM - D&D	11:00 AM - Brain Training	12:30 PM - Pacific Spirit Park	1:00 PM - Brain Training	1:00 PM - Creative Writing	11:00 AM - YWCA - Swimming	1:00 PM - Wellness Walks & Stretching in the Park
3:00 PM - Community Kitchen	1:00 PM - Members Meeting	2:00 PM - Tabletop games	2:00 PM - Tabletop games	2:30 PM - RABBLE ROUSERS	2:00 PM - Film Lovers Club	3:00 PM - Karaoke & Indoor Games
3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	4:00 PM - <i>Book Lovers Club</i>	
8	9	10	11	12	13	14
10:00 AM - Advocacy & Access & Body Energy Smoothie Dupe	10:00 AM - Coffee Outing	10:00 AM - Food Sustainability	10:00 AM - Sweat & Swim - Hillcrest Centre	10:00 AM - Dude Chilling Park - Café Adventure(Bring a book!)	10:00 AM - Breakfast	10:00 AM - Breakfast
1:00 PM - Healing thru art	11:00 AM - Brain Training	12:30 PM - Kitsilano Swimming Day	1:00 PM - Brain Training	1:00 PM - OPEN GYM - YA x CH	1:00 PM - Wellness Walks & Stretching in the Park	12:00 PM - Italian Day on the Drive
3:00 PM - Community Kitchen	12:00 PM - Chinatown Adventure	2:00 PM - Tabletop games	2:00 PM - Tabletop games	1:45 PM - Due to Operational Reasons, the center will be closed early this day	2:00 PM - Film Lovers Club	3:00 PM - Karaoke & Indoor Games
3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen		4:00 PM - <i>Book Lovers Club</i>	
15	16	17	18	19	20	21
10:00 AM - Advocacy & Access & Body Energy Smoothie Dupe	8:00 AM - Cleaning Day starts	10:00 AM - Food Sustainability	10:00 AM - Hoops, Balls, Rackets at the Park	10:00 AM - Poligon Art Gallery - Café Adventure	10:00 AM - Breakfast	10:00 AM - Breakfast
1:00 PM - D&D	12:00 PM - FREE PIZZA LUNCH AFTER CLEANING	12:30 PM - Bowling	1:00 PM - Brain Training	1:00 PM - Creative Writing	12:00 PM - Music Therapy	1:00 PM - Sweet Summer Pow Wow Film at Museum of Vancouver
3:00 PM - Community Kitchen	12:45 PM - 'Due to Operational Reasons, the center will be closed early this day	2:00 PM - Tabletop games	2:00 PM - Tabletop games	2:30 PM - RABBLE ROUSERS	2:00 PM - Karaoke & Indoor Games	3:00 PM - Karaoke & Indoor Games
3:00 PM - Community Kitchen		3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	4:00 PM - <i>Book Lovers Club</i>	
22	23	24	25	26	27	28
10:00 AM - Advocacy & Access & Body Energy Smoothie Dupe	10:00 AM - Coffee Outing	10:00 AM - Food Sustainability	10:00 AM - Sweat & Swim - Hillcrest Centre	10:00 AM - Habitat Island Park - Café Adventure (Bring a book!)	10:00 AM - Breakfast	10:00 AM - Breakfast
1:00 PM - Healing thru art	11:00 AM - Brain Training	12:30 PM - Camosun Bog	1:00 PM - Brain Training	1:00 PM - OPEN GYM - YA x CH	12:00 PM - Music Therapy	1:00 PM - Wellness Walks & Stretching in the Park
3:00 PM - Community Kitchen	12:30 PM - Olympic Village - Granville Island Bike Tour	2:00 PM - Tabletop games	2:00 PM - Tabletop games	2:30 PM - RABBLE ROUSERS	2:00 PM - Karaoke & Indoor Games	3:00 PM - Karaoke & Indoor Games
3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	4:00 PM - <i>Book Lovers Club</i>	
29	30	31				
10:00 AM - Advocacy & Access & Body Energy Smoothie Dupe	10:00 AM - Coffee Outing	10:00 AM - Food Sustainability				
1:00 PM - Vancouver Aquatic center by Aquabus	11:00 AM - Brain Training	12:30 PM - Boxing Club				
3:00 PM - Community Kitchen	12:30 PM - Indoor Rock Climbing	2:00 PM - Tabletop games				
3:00 PM - Community Kitchen	3:00 PM - Community Kitchen	3:00 PM - Community Kitchen				

THE SCHEDULE IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.