

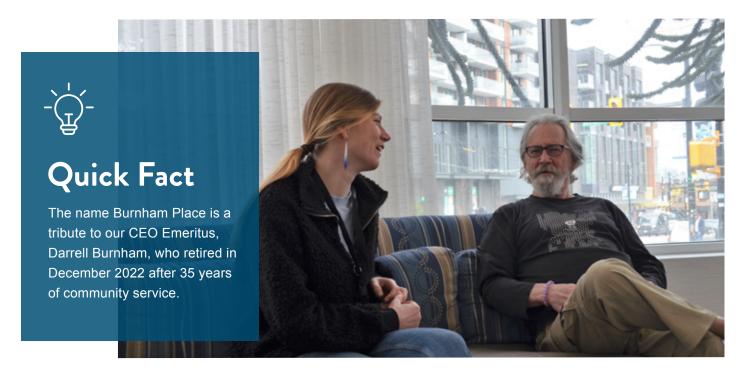
Burnham Place





In early 2022, Coast Mental Health was selected as the operator for Burnham Place, a 68-unit supportive housing development located in the Mount Pleasant community. This housing initiative provides homes and supports to people at risk of experiencing homelessness. Priority populations include women, Indigenous peoples, and people experiencing unsheltered homelessness in the neighbourhood.

The City of Vancouver purchased this site with funding from the Federal government's Rapid Housing Initiative. BC Housing provides operating funding for the building.



About Coast Mental Health

Coast Mental Health provides services across a wide spectrum of the housing continuum, from connecting people who experience episodic and frequent homelessness to providing homes to those who have the capacity to live independently. We believe in three essential pillars of sustained recovery: Housing, Support Services, and Education & Employment. We have over 50 years of experience serving 5,000 people every year through our programs and services. Our more than 50 facilities across Greater Vancouver and Lower Mainland continue to grow because of our specialized expertise and community-based support services in mental health.

Our Model

Coast Mental Health is guided by the psychosocial rehabilitation and recovery model that promotes sustained recovery for people living with mental health challenges. This model emphasizes personal empowerment and choice, with an emphasis on the whole person.

Burnham Place currently has Peer Support Specialist and onsite Registered Social Worker to assist tenants in accessing community services to support their recovery and more independent living. The site is staffed 24/7 by Community Mental Health Workers.



Philosophy

- Based on psychosocial rehabilitation principles (mutual respect, skill building and strengthening self-efficacy)
- Client-centered (client-centered goals, informed decisions)
- Strength-based (building on client's skills, knowledge and interests)
- Culturally relevant (connecting to the individual's background and spiritual foundation)
- Trauma-informed (building trust, avoidance of re-traumatizing, emotional regulation)

Supports provided at this location include:

- Medication administration
- Recovery planning
- Life skills training
- Education and employment services
- Meal program
- Laundry services
- · Access to Coast's Clubhouse

"Our goal is to provide people who are at risk of homelessness or experiencing homelessness with permanent housing that includes mental health supports. Supported housing offers people a long-term opportunity to create stability in their lives. When housed permanently, people feel secure and stable, which is vital for their recovery."

Tracy RapanosDirector, Supported Housing Program

