

SUN	MON	TUE	WED	THU	FRI	SAT
 The RC is closed on Sundays and Mondays Please Note: All Groups Are Drop In 						1 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 - 4 pm
		4 <u>Art With Mike</u> 10 - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	5 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm *Outing* 11 - 1 pm	6 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm	7 <u>Art group</u> 11:30 - 1:30 pm <u>Karaoke</u> 2 - 4 pm	8 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 - 4 pm
		11 <u>Art With Mike</u> 10 - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	12 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm Staff Meeting Closing at 2:30pm	13 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm <u>Body Doubling Buddies</u> 1 - 3 pm	14 <u>Art group</u> 11:30 - 1:30 pm <u>Karaoke</u> 2 - 4 pm <u>Smudging with Janaie</u> 3 - 4 pm	15 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 - 4 pm
		18 <u>Fishing</u> 9 am <u>Art With Mike</u> 10 - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	19 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm *Outing* 11 - 1 pm	20 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm	21 <u>Art group</u> 11:30 - 1:30 pm <u>Karaoke</u> 2 - 4 pm <u>Smudging with Janaie</u> 3 - 4	22 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 - 4 pm <u>Women's Drop In Group</u> 4:30 - 6:30 pm
		25 <u>Art with Mike</u> 10 - 12 pm <u>Bingo</u> 1:30 - 2:30 pm	26 <u>Digital Literacy</u> 10 - 12 pm <u>Brain Training</u> 1 - 2 pm <u>Members Meeting</u> 3 pm	27 <u>Healthy Lifestyles</u> 10:30 - 11:30 am <u>Pottery</u> 11:30 - 3:30 pm <u>Body Doubling Buddies</u> 1 - 3 pm	28 <u>Art group</u> 10 - 12 pm <u>Karaoke</u> 1 - 4 pm <u>Smudging with Janaie</u> 3 - 4 pm	29 <u>Movie day</u> 10 - 12:30 pm <u>Soundbath Meditation</u> 1 - 3 pm <u>Games Group</u> 2 - 4 pm <u>Art Workshop</u> 11:30am - 3:30pm