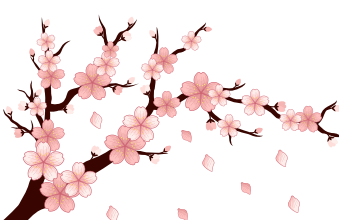




SUN	MON	TUE	WED	THU	FRI	SAT
 <p>The RC is closed on Sundays and Mondays</p>  			<p>1</p> <p><u>Digital Literacy</u> 10 - 12 pm</p> <p><u>Brain Training</u> 1 - 2 pm</p> <p>*Outing* 11 - 1 pm</p>	<p>2</p> <p><u>Healthy Lifestyles</u> 10:30 - 11:30 am</p> <p><u>Pottery</u> 11:30 - 3:30 pm</p> <p><u>Body Doubling Buddies</u> 1 - 3 pm</p>	<p>3</p> <p><u>Walking Group</u> 10 - 11 am</p> <p><u>Art group</u> 10 - 12 pm</p> <p><u>Karaoke</u> 1 - 4 pm</p> 	<p>4</p> <p><u>Knowledge Keeper Lesley George</u> 9 - 11am</p> <p><u>Movie day</u> 10 - 12:30 pm</p> <p><u>Soundbath Meditation</u> 1 - 3 pm</p> <p><u>Games Group</u> 2 -4 pm</p>
		<p>7</p> <p><u>Art Drop In</u> 10 - 12 pm</p> <p><u>Bingo</u> 1:30 - 2:30 pm</p>	<p>8</p> <p><u>Digital Literacy</u> 10 - 12 pm</p> <p><u>Brain Training</u> 1 - 2 pm</p> <p>Staff meeting Closing at 2:30pm</p>	<p>9</p> <p><u>Healthy Lifestyles</u> 10:30 - 11:30 am</p> <p><u>Pottery</u> 11:30 - 3:30 pm</p> <p><u>Body Doubling Buddies</u> 1 - 3 pm</p>	<p>10</p> <p><u>Walking Group</u> 10 - 11 am</p> <p><u>Art group</u> 11:30 - 1:30 pm</p> <p><u>Karaoke</u> 1 - 4 pm</p>	<p>11</p> <p><u>Movie day</u> 10 - 12:30 pm</p> <p><u>Soundbath Meditation</u> 1 - 3 pm</p> <p><u>Games Group</u> 2 -4 pm</p>
		<p>14</p> <p><u>Art Drop In</u> 10 - 12 pm</p> <p><u>Bingo</u> 1:30 - 2:30 pm</p>	<p>15</p> <p><u>Digital Literacy</u> 10 - 12 pm</p> <p><u>Brain Training</u> 1 - 2 pm</p> <p>*Outing* 11 - 1 pm</p>	<p>16</p> <p><u>Healthy Lifestyles</u> 10:30 - 11:30 am</p> <p><u>Pottery</u> 11:30 - 3:30 pm</p> <p><u>Body Doubling Buddies</u> 1 - 3 pm</p>	<p>17</p> <p><u>Walking Group</u> 10 - 11 am</p> <p><u>Art group</u> 11:30 - 1:30 pm</p> <p><u>Karaoke</u> 1 - 4 pm</p>	<p>18</p> <p><u>Knowledge Keeper Lesley George</u> 9 - 11am</p> <p><u>Movie day</u> 10 - 12:30 pm</p> <p><u>Soundbath Meditation</u> 1 - 3 pm</p> <p><u>Games Group</u> Women's Drop In Group 2 -4 pm 4:30 - 6:30 pm</p>
		<p>21</p> <p><u>Art Drop In</u> 10 - 12 pm</p> <p><u>Bingo</u> 1:30 - 2:30 pm</p>	<p>22</p> <p><u>Digital Literacy</u> 10 - 12 pm</p> <p><u>Brain Training</u> 1 - 2 pm</p> <p>Members meeting 3 pm</p>	<p>23</p> <p><u>Healthy Lifestyles</u> 10:30 - 11:30 am</p> <p><u>Pottery</u> 11:30 - 3:30 pm</p> <p><u>Body Doubling Buddies</u> 1 - 3 pm</p>	<p>24</p> <p><u>Walking Group</u> 10 -11 am</p> <p><u>Art group</u> 11:30 - 1:30 pm</p> <p><u>Karaoke</u> 1 - 4 pm</p>	<p>25</p> <p><u>Movie day</u> 10 - 12:30 pm</p> <p><u>Soundbath Meditation</u> 1 - 3 pm</p> <p><u>Games Group</u> 2 - 4 pm</p> <p>Art Workshop 11:30am - 3:30pm</p>
		<p>28</p> <p><u>Art Drop In</u> 10 - 12 pm</p> <p><u>Bingo</u> 1:30 - 2:30 pm</p>	<p>29</p> <p><u>Digital Literacy</u> 10 - 12 pm</p> <p><u>Brain Training</u> 1 - 2 pm</p>	<p>30</p> <p><u>Healthy Lifestyles</u> 10:30 - 11:30 am</p> <p><u>Pottery</u> 11:30 - 3:30 pm</p> <p><u>Body Doubling Buddies</u> 1 - 3 pm</p>	