






September 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	Sign up for laundry (9a & 2:15p slot Tues—Sat) Lunch to-go Tues—Sat (12p—1p)	1 10am Gardening group 9:15am Acupuncture* 2:15pm Bingo 2:15 Art w/ Czarinna	2 2:15pm Uno cards 2:15 Art w/Marcia & Robin 2:15 Music appreciation	3 10am Gardening group 2:15pm Bingo	4 2:15pm Uno cards 2:15 Charades 2:15 Art w/ Andrea	5 2:15pm Mandala coloring 2:15 Jenga
6 RC closed	7 Labour Day RC closed	 8 10am Gardening group 9:15am Acupuncture* 2:15pm Bingo 2:15 Art w/ Czarinna	9 2:15pm Uno cards 2:15 Art w/Marcia & Robin 2:15 Music appreciation	10 10am Gardening group 2:15pm Bingo	 11 2:15pm Uno cards 2:15 Charades 2:15 Art w/ Andrea	12 2:15pm Mandala coloring 2:15 Jenga
13 RC closed	14 RC closed	15 10am Gardening group 9:15am Acupuncture* 2:15pm Bingo 2:15 Art w/ Czarinna	16 2:15pm Uno cards 2:15 Art w/Marcia & Robin 2:15 Music appreciation	17 10am Gardening group 2:15pm Bingo 	18 2:15pm Uno cards 2:15 Charades 2:15 Art w/ Andrea	19 2:15pm Mandala coloring 2:15 Jenga
20 RC closed	21 RC closed	22 10am Gardening group 9:15am Acupuncture* 2:15pm Bingo 2:15 Art w/ Czarinna 	23 2:15pm Uno cards 2:15 Art w/Marcia & Robin 2:15 Music appreciation	24 10am Gardening group 2:15pm Bingo	25 2:15pm Uno cards 2:15 Charades 2:15 Art w/ Andrea	26 2:15pm Mandala coloring 2:15 Jenga 2:15 Birthday Gala (2nd floor)
27 RC closed	28 RC closed	29 10am Gardening group 9:15am Acupuncture* 2:15pm Bingo 2:15 Art w/ Czarinna	30 2:15pm Uno cards 2:15 Art w/Marcia & Robin 2:15 Music appreciation	Breakfast service \$1 9—9:45a *held in the boardroom	Open Tuesday - Saturday 9a - 10a & 2:15p - 4p 1225 Seymour Street, Vancouver, BC Main line: 604-683-3787 RC Staff cell: 604-603-9151	

**Coast Mental Health
 Resource Centre**
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