

* SEPTEMBER 2020 COAST CLUBHOUSE ACTIVITIES for Members *

In addition to the daily activities listed below, the Clubhouse offers opportunity to build and strengthen new skills within 3 Units: Communications, Environmental and Food Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>COAST CLUBHOUSE 295 East 11th Ave, Vancouver Ph: 604.675.2357</p>  <p>Interested in becoming a member! Call us today! 604.675.2357</p>	<p>1 9:15 Chat & Chew 11:00 Focus Meeting 1:30 Games/Swimming</p>  	<p>2 9:15 Ted Talks 10:30 Peter+Friends(A-sing-along) 1:15 Cook & Chat with Mike (Please sign up) 1:30 Planning meeting</p>	<p>3 9:15 Meditation 11:00 Mandala 1:30 Social/Communication Group</p> 	<p>4 09:15 News & Views 11:00 Planning meeting 2:00 Karaoke/Games</p>  
<p>7 Labour Day!</p> 	<p>8 9:15 Chat & Chew 11:00 Community Meeting 1:30 Games/Swimming</p>  	<p>8 9:15 Ted Talks 11:00 Jeopardy! 2:00 BINGO!</p> 	<p>9 9:15 Healthy Living 11:00 Mandala 1:30 Social/communication Group</p> 	<p>10 9:15 News & Views 11:00 Zumba! 1:30 Movie & Popcorn</p>  
<p>14 9:15 Walking group 11:00 Zumba 2:00 Creative Circle</p> 	<p>15 9:15 Chat & Chew 11:00 Focus Meeting 1:30 Swimming</p> 	<p>16 9:15 Ted Talks 10:30 Peter+Friends(A-sing-along) 1:15 TBA</p>	<p>17 9:15 Meditation 11:00 Mandala 1:30 Social/Communication Group: Coast Post</p> 	<p>18 9:15 News & Views 10:00 Queen E Park 11:00 Zumba! 2:00 Karaoke/Games</p>  
<p>9:15 Walking group 11:00 Zumba 2:00 Creative Circle 3:00 Mask making</p> 	<p>22 CLEANING DAY!</p>  <p>LET'S SANITIZE TOGETHER & MAINTAIN PHYSICAL SPACE 10:00 Task choice(come early) 11:30 Surprise Lunch! 12:30 CLOSED</p>	<p>23</p>  <p>9:15 Ted Talks 10:30 Bingo!!</p> 	<p>24 9:15 Healthy Living 11:00 Mandala 1:30 Social/Communication Group</p> 	<p>25 9:15 News & Views 11:00 Zumba! 1:30 Documentary</p>  <p>*Birthday Celebration!!</p>
<p>28 9:15 Walking group 11:00 Zumba 2:00 Creative Circle 3:00 Mask making</p> 	<p>29 9:15 Chat & Chew 10:30 Scavenger Hunt 1:30 Games/Swimming</p>  	<p>30 9:15 Ted Talks 10:30 Travel/Trivia 1:30 Mural tour (Mount Pl.)</p>	<p>UNIT MEETINGS: 10am & 1pm Everyday Come join us – task sign up, group check in and COFFEE!</p> <p>CLUBHOUSE CLOSSES @ 3:45 Except Cleaning Day @ 12:30</p>	<p>Front Desk: 604.675.2357 Manager: 604.675.2350 Communication: 604.675.2355 Food Services: 604.675.2360 Young Adults: 604.675.2351 Member's line:604.675.2362</p>