

COAST MENTAL HEALTH

2019 / 2020 HIGHLIGHTS

Coast Mental Health (CMH), an independent registered charity, supports, advocates for, and promotes the recovery of people living with mental health challenges. We believe in three essential pillars of sustained recovery: Housing, Support Services, and Education & Employment. With 48 years of specialized expertise in mental health supports, we provide vital community-based programs and services built on *Compassion, Courage and Recovery*.

Supported Housing

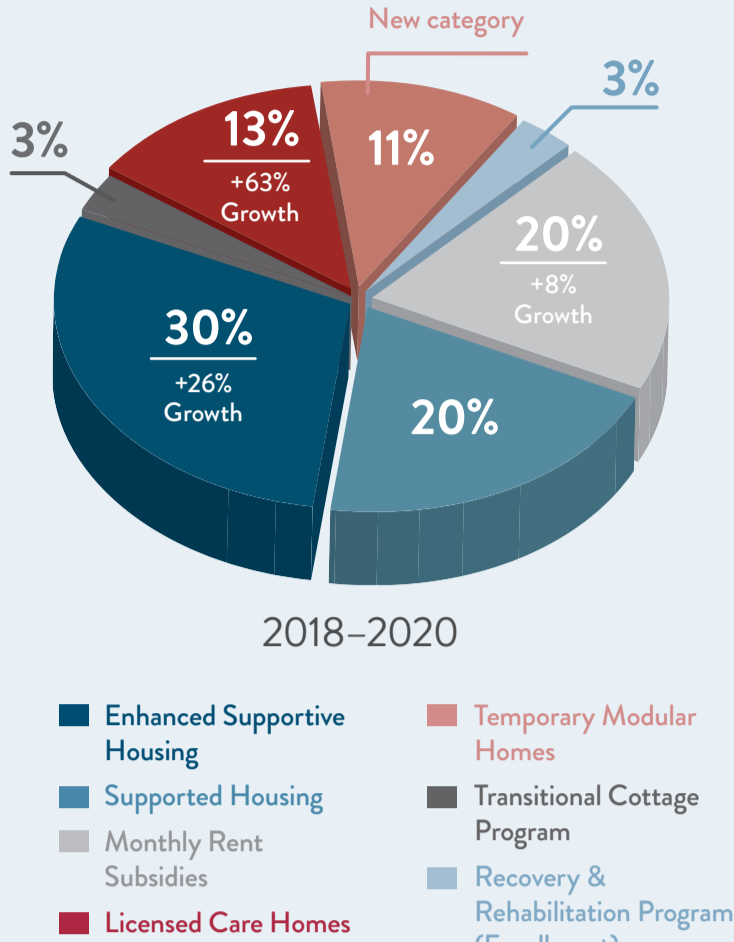
As B.C.'s largest mental health housing provider, Coast Mental Health has seen significant growth in its housing stocks. To date, we provide 1,371 homes. A total of 303 new homes, many with specialized supports in mental health were added over the last two years. We also moved into new housing categories, partnering with BC Housing and the Health Authorities to provide homes and supports for people at risk of homelessness, many living with complex needs in mental health and substance use.

Garibaldi Ridge opened in September 2019.
Read more...



1,371 clients received housing support

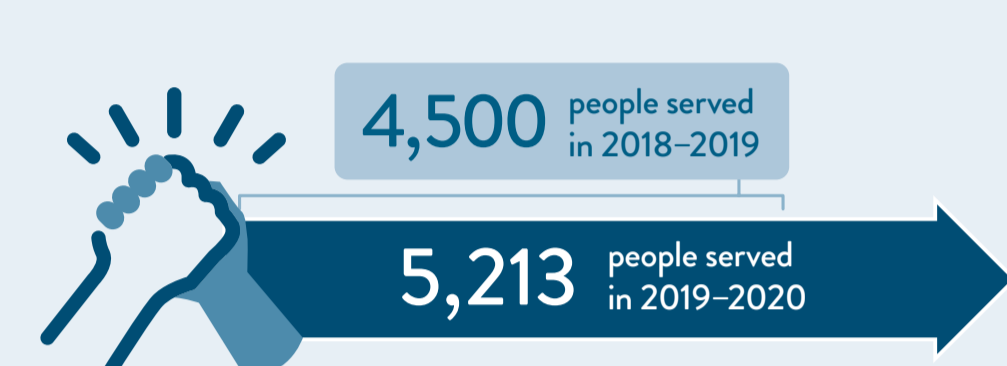
SHARE AND GROWTH OF HOUSING STOCK



Support Services

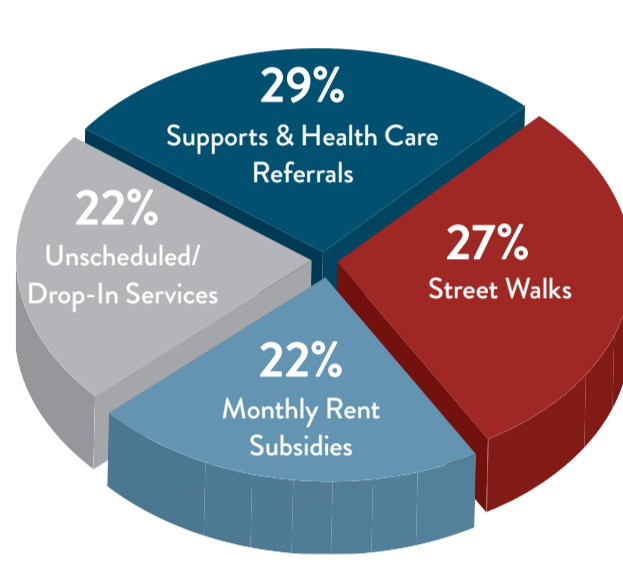
Our staff serves over 5,200 clients with in-person programming and support services including outreach services, meal programs, cognitive behavioral therapies, mental health support for youth and adults alike, peer support services, training and employment, and many others. These programs are vital to the long-term recovery of vulnerable people living with mental illness.

Outreach provides essential services to communities.
Read more...



1,249 people served by outreach services

OUTREACH SERVICES BREAKDOWN



125 clients per month access the Dialectical Behaviour Therapy/ Cognitive Rehabilitation program

33 members of the Young Adult Program

474,500 meals served across CMH facilities

Employment Opportunities

Reducing barriers to employment is key to preventing poverty and part of a sustained recovery for our members. A job gives everyone purpose and dignity and can be used to foster recovery in mental health. We work with community partners to create employment opportunities for members. This year, approximately 180 people were employed through CMH's employment and honorarium programs.

Member artists share their creativity and talent at CMH's first Art Project Roadshow. Read more...



38 Peer Support Workers employed by Coast Mental Health this year with 3,000+ client interactions occurring every month

28 students enrolled in the Culinary Skills Training Program for young adults

26 employment contracts secured with local businesses for 2019-2020

87 clients employed through the Clubhouse/Employment Transitional Program

Employee Engagement

Coast Mental Health proudly supports 779 employees, plus 236 volunteers across 52 facilities. Our staff and volunteers are the heart and soul of Coast. It's our top priority to keep staff safe, to help them with career growth opportunities, and ensure they have what they need to do their jobs well.

COVID-19 has put us on a new path. Learn how we've adapted and kept clients and staff safe. Read more...



We believe a happy and engaged workforce ensures the best possible service for clients.

5,413 volunteer hours

779 Coast Mental Health employees to date

ANNUAL EMPLOYEE HIRING BREAKDOWN

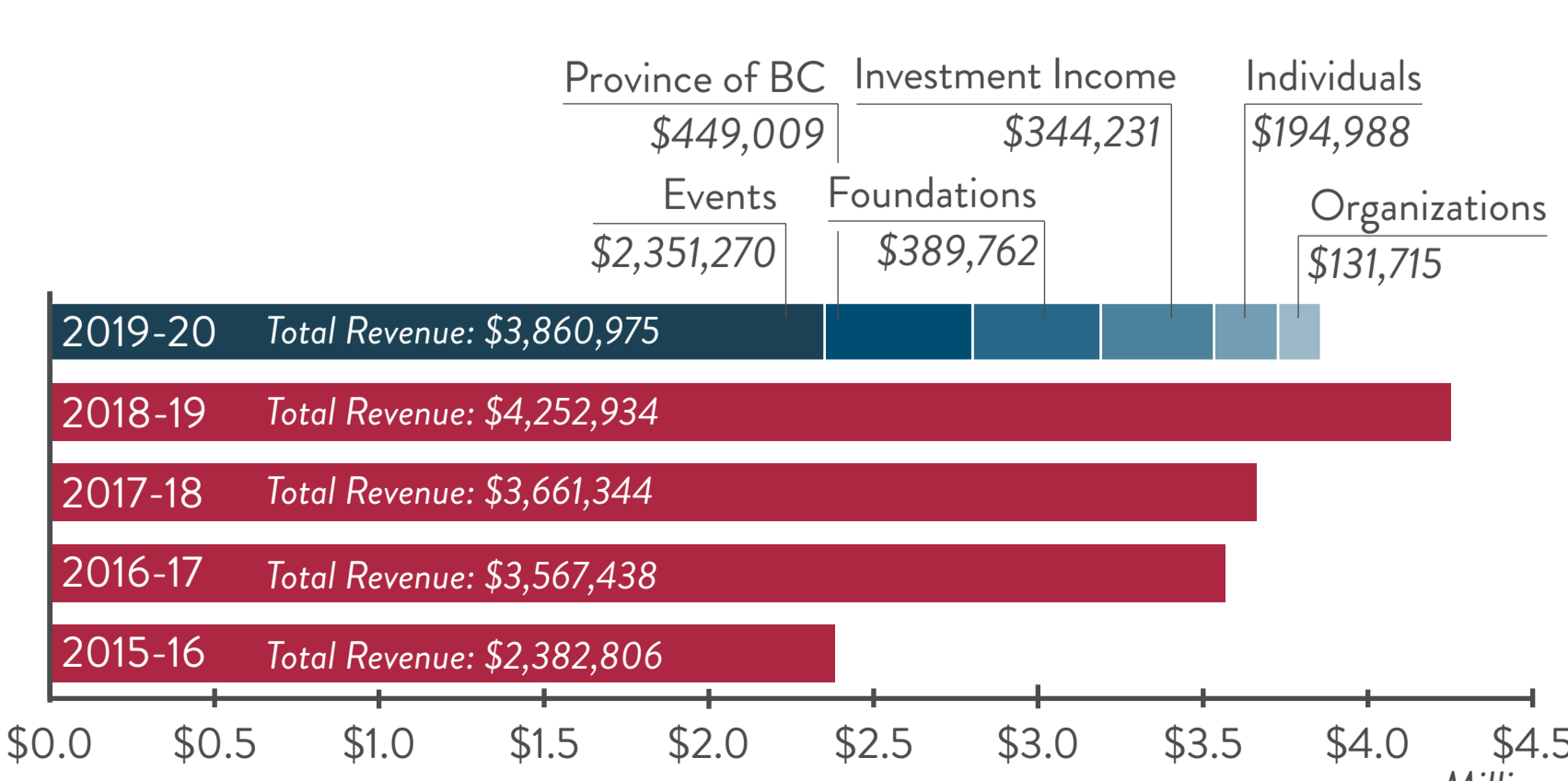


Philanthropy

Many of Coast Mental Health's programs would not be possible without the generous support of our partners and supporters through Coast Mental Health Foundation. Thanks to their support, CMH offered over 40 programs in the 2019-2020 fiscal year, spanning the breadth of the organization. These include meal programs, peer support programs, youth services, and offerings such as therapeutic gardening, art, adventure therapy and bikes. Thanks to philanthropic support, CMH is also able to develop, pilot, and establish best practices for new programs such as Cognitive Remediation and the Culinary Skills Training Program for Youth.

Find out more about what generous donors to the Coast Mental Health Foundation have made possible. Read more...

40+ programs funded by the Foundation in 2019-2020



VISIT CMH'S WEBSITE TO READ 2019/2020 ANNUAL REPORTS.