

COAST YOUNG ADULT PROGRAM CALENDAR

-For Intake Information please contact Jolene @ 778-222-5246

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Youth Program @ Coast Clubhouse 295 East 11th Ave youngadults@coastmentalhealth.com Youth Program Direct 778-222-5246 Clubhouse Reception 604-675-2357 Call Jolene for Intake	30  10:30 - The Social Hour with Taylor 1:30 - Mural'n Up the Wall Project	31 10:30 am - Parks & Recreation 1:00- Adulting 101 - Comfort Kits	1 1:00 - Vancouver Art Gallery	2  10:30 The Gaming Hour with Taylor 1:00 - Thrifting	3
4	5  CLUBHOUSE CLOSED	6 10:30 - The Social Hour with Taylor 1:30 - Mural'n Up the Wall Project	7 10:30 am - Parks & Recreation 1:00 - Adulting 101 - Bike Care/Maintenance	8  10:30 - Lake Beach Day and BBQ	9 10:30 The Gaming Hour with Taylor 1pm - Seawall Adventure	10
11	12  10:00 Breakfast Social 1:30 Community Kitchen	13 10:30 - Kayaking	14  10:30 am - Parks & Recreation 1:00 Adulting 101 - Coping Skills	15 1:00 - Frisbee Golf and Ice Cream	16 10:30 The Gaming Hour with Taylor 1pm - Thrifting	17
18	19 10:00 Breakfast Social 1:30 Community Kitchen	20 CLEANING DAY 12:30 Movie Outing	21 CHEQUE DAY 10:30 am - Parks & Recreation 1:00 Adulting 101 - Boundaries & Healthy Relationships	22  10:30 - Fishing	23 10:30 The Gaming Hour with Taylor 12noon CLUBHOUSE BBQ	24
25	26  10:00 Breakfast Social 1:30 Community Kitchen	27 10:30 - The Social Hour with Taylor 1:30 - Mural'n Up the Wall Project	28 10:30 am - Parks & Recreation 1:00 - Adulting 101 - Bath & Body Products - Aromatherapy	29 10:30 - PNE	30 10:30 The Gaming Hour with Taylor 1pm - Driving Range	31

Young Adult Space is open Mon - Thurs 8:30am to 3:30pm Fri 10am - 5:30pm (unless otherwise noted)

ALL ACTIVITIES and TIMES SUBJECT TO CHANGE