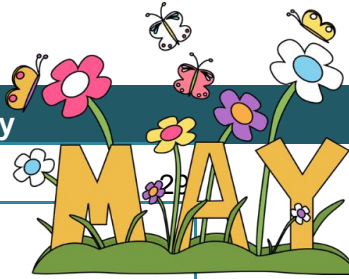




# COAST YOUNG ADULT PROGRAM CALENDAR

-For Intake Information please contact Jolene @ 778-222-5246  
All events subject to change



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
10:30am -Gardening 1:00 - Arts and Crafts Collective: Plant seeds in pots	10:30 - The Social Hour with Taylor 1230 Movie Outing	10:30 am - Board with Taylor 1:00- Adulting 101 - Boundaries	10am Badminton 11am Lunch <b>Clubhouse Closed at Noon</b>	10:30 The Gaming Hour with Taylor 2:00 Rabble Rousers 4:30 YA Dinner		
5	6	7	8	9	10	11
10:30am -Gardening 1:00 - Arts and Crafts Collective: Wooden Boxes	1030 - The Social Hour with Taylor 1:30 - Community Kitchen	10:30 am - Board with Taylor 1:30 - Adulting 101 - Hygiene	10:00 am - Centennial Beach - Beach day - hot dogs & smores!	10:30 The Gaming Hour with Taylor 2:00 Rabble Rousers 4:30 YA Dinner		
12	13	14	15	16	17	18
10:30am -Gardening 1:00 - Arts and Crafts Collective: Play with Clay!	10:30 - The Social Hour with Taylor 1:30 - Shoot Hoops at Robson Park	10:30 am - Board with Taylor 1:00 - Adulting 101 -Problem Solving	12:45 pm - Bowling	10:30 The Gaming Hour with Taylor 2:00 Rabble Rousers 4:30 YA Dinner		
19	20	21	22	23	24	25
<b>CLUBHOUSE CLOSED</b>		10:30 - The Social Hour with Taylor 1:30 - Community Kitchen	<b>CHEQUE DAY</b> 10:30 am - Board with Taylor 1:00 - Adulting 101 - Stress Management	 <b>CLUBHOUSE CLOSED</b>	10:30 The Gaming Hour with Taylor 2:00 Rabble Rousers 4:30 YA Dinner	
26	27	28	29	30	31	1
10:30am -Gardening 1:00 - Arts and Crafts Collective: Art Posters	1030 The Social Hour with Taylor 1230 Granville Island	10:30 am - Board with Taylor 1:00 - Adulting 101 - Nutrition (Institute of Holistic Nutrition)	10am Outing - TBD			<b>Youth Program @ Coast Clubhouse</b> 295 East 11th Ave youngadults@coastmentalhealth.com Youth Program Direct 778-222-5246 Clubhouse Reception 604-675-2357 Call Jolene for Intake

Young Adult Space is open Mon - Thurs 8:30am to 3:30pm Fri 10am - 5:30pm (unless otherwise noted)

**ALL ACTIVITIES TIMES SUBJECT TO CHANGE**