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	<b>1</b> 10 -12 Acupuncture 10:30 Art w/ Beryl&Cheryl 1:00 Recovery Directions* <b>PROM Week-Ask Staff</b>	<b>2</b> 10:30 Art w/Marcia&Robin 1:00 Community Garden 1:30 Bingo <b>PROM-Connect With Staff</b>	<b>3</b> 10:30 Music Group-Kelsey 1:00 Walking group <b>PROM-Connect With Staff</b>	<b>4</b> 10:30 Art w/ Lorne 1:00 Healthy Lifestyle Support Group* 2:00 Tai Chi/Mindfulness <b>PROM-Connect with Staff</b>	<b>5</b> 10:30 Yoga 10:30 Art W/Mary 1:00 Budget group <b>GST/HST Credit</b> <b>PROM-Connect with Staff</b>	<b>6</b> 11:00 Tea Talk* <b>PROM-Connect with Staff</b>		
<b>7</b> 9:00 Toasty Sunday 1.00-Sunday Movie <b>PROM-Connect With Staff</b> 	<b>8</b> 10 -12 Acupuncture 10:30 Art w/ Beryl&Cheryl 1:00 Recovery Directions* 	<b>9</b> 10:30 Art w/Marcia&Robin 1:00 Community Garden 1:30 Bingo 2-3 Women's Group	<b>10</b> 10:30 Music Group-Kelsey 1:00 Walking group 	<b>11</b> <b>10:00 Outing: VanDusen Gardens (Gardening Group)</b> 10:30 Art w/ Lorne 1:00 Healthy Lifestyle Support Group* 2:00 Tai Chi/Mindfulness	<b>12</b> <b>2:00 Open Spaces</b> 10:30 Yoga 10:30 Art W/Mary 1:00 Budget group 2:00 Writing Group 	<b>13</b> 11:00 Tea Talk 		
<b>14</b> 9:00 Toasty Sunday 1.00-Sunday Movie 	<b>15</b> 10 -12 Acupuncture 10:30 Art w/ Beryl&Cheryl 1:00 Recovery Directions*	<b>16</b> 10:30 Art w/Marcia&Robin 1:00 Community Garden 1:30 Bingo 	<b>17</b> 10:30 Music Group-Kelsey 1:00 Walking group 	<b>18</b> 10:30 Art w/ Lorne 1:00 Healthy Lifestyle Support Group* 2:00 Tai Chi/Mindfulness	<b>19</b> Sorry, RC Closed for Good Friday 	<b>20</b> 11:00 Tea Talk*		
<b>21</b> 9:00 Toasty Sunday 1:00 Sunday Movie	<b>22</b> Sorry, RC Closed for Easter Monday	<b>23</b> 10:30 Art w/Marcia&Robin 1:00 Community Garden 1:30 Bingo 	<b>24</b> 10:30 Music Group-Kelsey 1:00 Walking group <b>Cheque Issue Date</b>	<b>25</b> <b>10:00 Outing-Abbotsford Tulip Gardens</b> 10:30 Art w/ Lorne 1:00 Healthy Lifestyle Support 2:00 Tai Chi/Mindfulness	<b>26</b> 10:30 Yoga 10:30 Art W/Mary 1:00 Budget group 2:00 Writing Group <b>CPP &amp; OAS Issue Date</b>	<b>27</b> 11:00 Tea Talk* 		
<b>28</b> 9:00 Toasty Sunday 1:00 -Sunday Movie	<b>29</b> 10 -12 Acupuncture 10:30 Art w/ Beryl&Cheryl 1:00 Recovery Directions*	<b>30</b> 10:30 Art w/Marcia&Robin 1:00 Community Garden 1:30 Bingo					<h1>April</h1> <p><b>Coast Mental Health Resource Centre</b></p> <p>Open Monday - Sunday - 9am to 4:45pm            1225 Seymour Street, Vancouver, BC            Staff Phone: 604.683.3787            Member's Line: 604.683.3752            Fax: 604.683.3750</p>	