



Media Advisory

Photo and Interview Opportunity
Wednesday, November 25, 10:00 am

Courage To Come Back Awards **CALL FOR NOMINATIONS** Media Launch Event.

What: The **Courage To Come Back Awards** recognize British Columbians who have faced seemingly-insurmountable odds and who have had the courage and strength to overcome their challenges and reach out to help others.

Coast Mental Health, proud presenters of the Courage To Come Back Awards, invites you to nominate someone for a Courage Award in one of the following categories:

- Addiction
- Medical
- Mental Health
- Physical Rehabilitation
- Social Adversity
- Youth (under 22 years as of Dec. 31/09)

All nominees will receive a letter and certificate in recognition of their achievements.

Each of the six Courage to Come Back Award recipients will have his or her story featured in *The Province*, covered by Global BC in a special series for the Early News with Deborra Hope, and CKWX News 1130 and Fairchild radio. Courage Award Recipients will be honoured at the 12th Annual Gala Dinner at the Hyatt Regency Vancouver Hotel on May 6, 2010.

You don't need to purchase a ticket to nominate someone for a Courage To Come Back Award.

NOMINATE A BRITISH COLUMBIAN WHO INSPIRES YOU.

Pick up a nomination form at any **Scotiabank** location, on **The Province** newspaper website www.theprovince.com, the Coast Mental Health website www.coastmentalhealth.com.

When: **2010 Courage To Come Back Awards Media Launch**
Wednesday, November 25, 2009
10:00 a.m. – 10:30 a.m.

Where: **Scotiabank Tower, 34th floor Conference Room**
650 West Georgia Street, Vancouver

Who: **Lorne Segal, Chair of The Courage To Come Back Awards, and Darrell Burnham, Executive Director of Coast Mental Health,** will officially kick off the event. 2009 Courage To Come Back Award recipients **Helen Burnham (Addiction) and Becki Wyr (Social Adversity)** will speak about their experiences being nominated for and receiving a Courage award. Other past recipients will be available following the launch event for interviews and photos.

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